



Blooms: Planktonic





Blooms: Planktonic Scums ("spilled paint")



Planktonic blooms can be patchy in time & space



Wind can create highly localized bloom conditions, even in lakes with low nutrient levels & low HAB risk.





Blooms: Wind-driven Accumulations

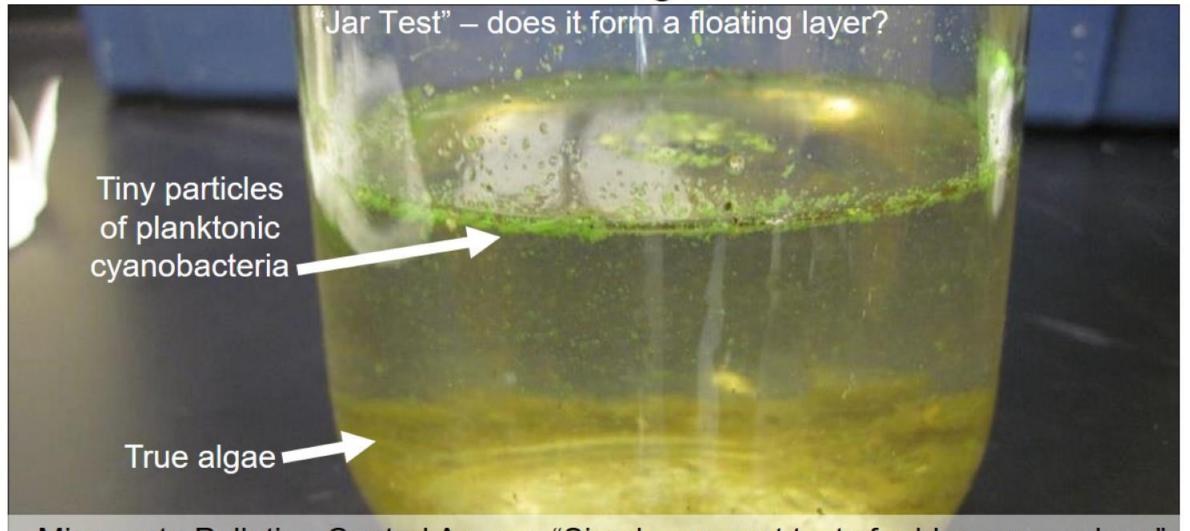


Blooms: Floating Mats from the Lake Bottom E. Evensen

How can you tell if what you are seeing is planktonic cyanobacteria?

Look for tiny green specks in water or green "dust" on surface - this is cyanobacteria / blue-green algae.

How do I tell if I am seeing cyanobacteria or something else?



Minnesota Pollution Control Agency "Simple, no-cost tests for blue-green algae" (Search for "Minnesota jar test") tinyurl.com/y8jfxxpg





Pollen can look like cyanobacteria, but it is pale yellow, and you will also see yellow dust accumulating on surfaces on land.



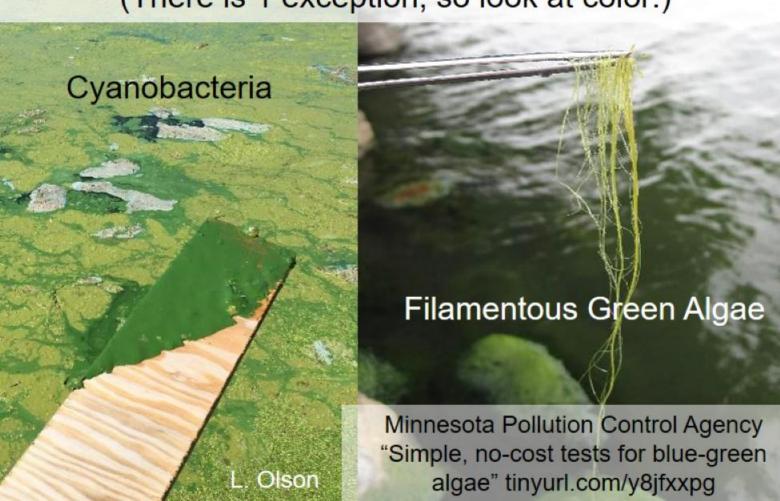


How do I tell if I am seeing cyanobacteria or something else? "Stick Test" – does it coat a stick like paint?

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Does it drape over a stick like green hair?

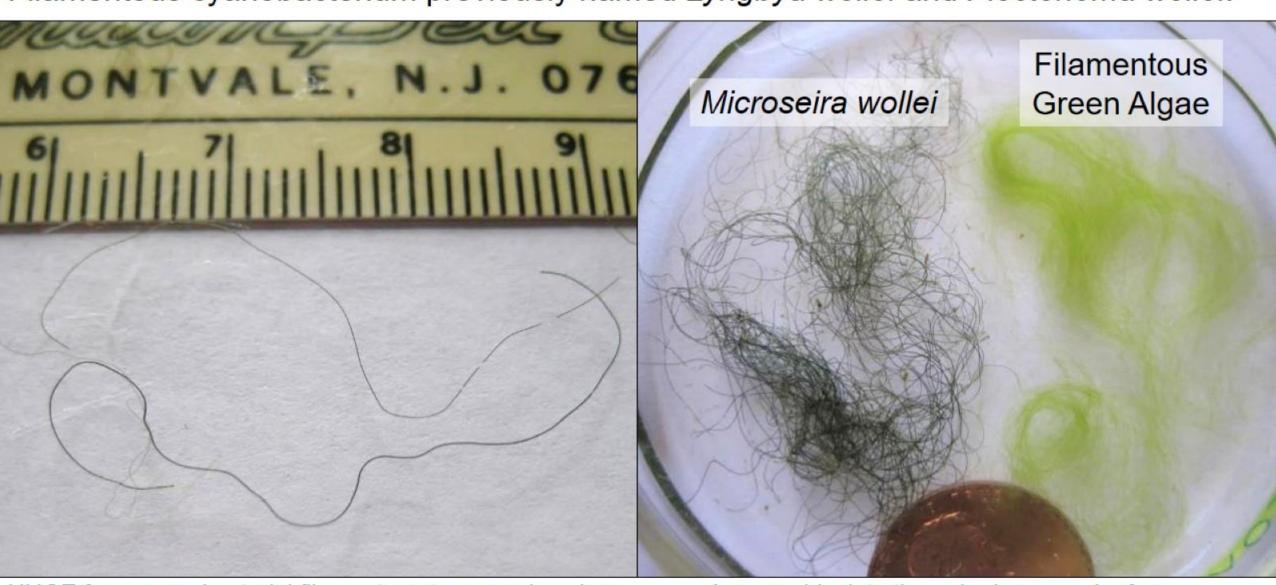
(There is 1 exception, so look at color.)





The exception to the Stick Test: Microseira wollei

Filamentous cyanobacterium previously named Lyngbya wollei and Plectonema wollei.



HUGE for a cyanobacterial filament, up to several cm long.

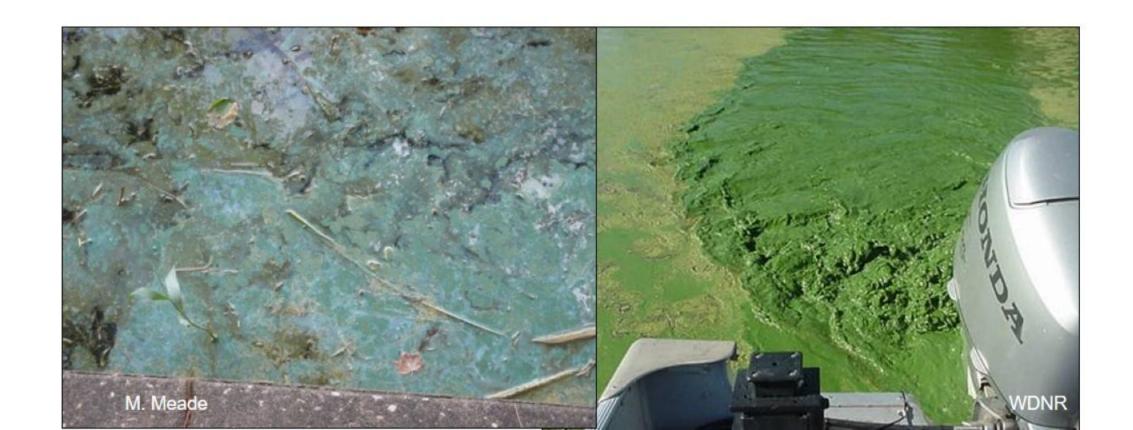
Appears black to the naked eye, vs. leaf green.

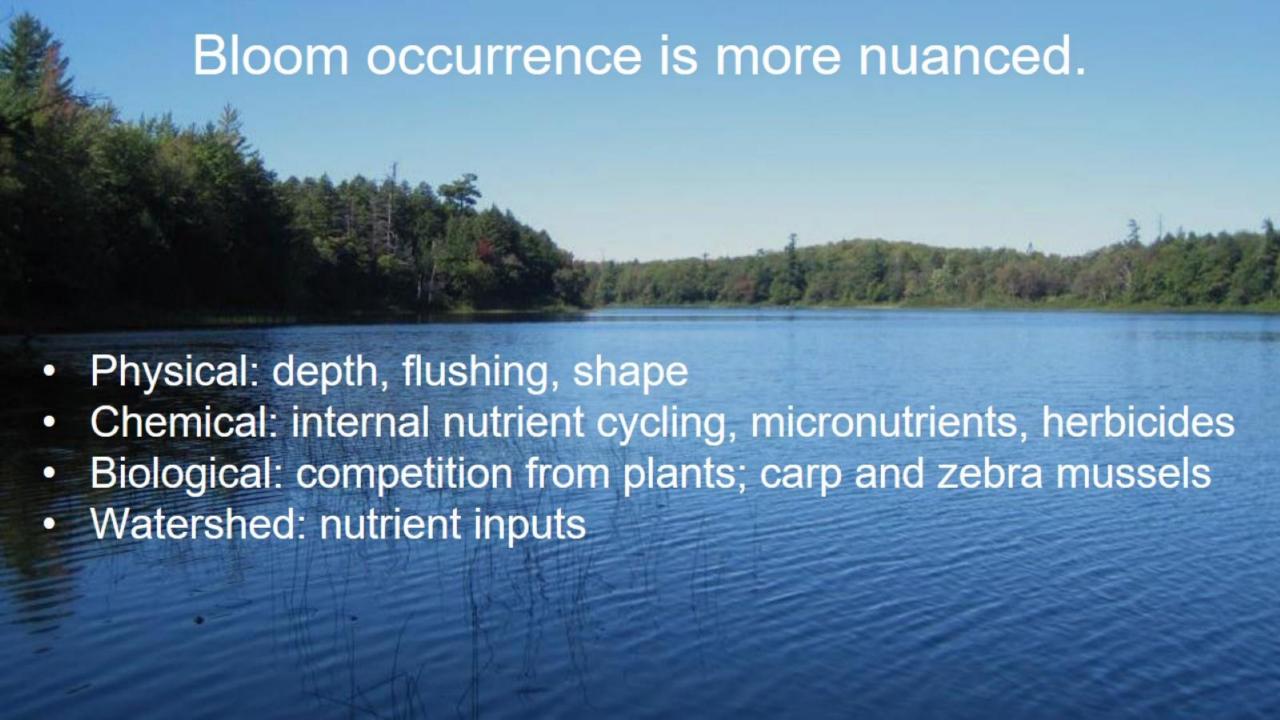




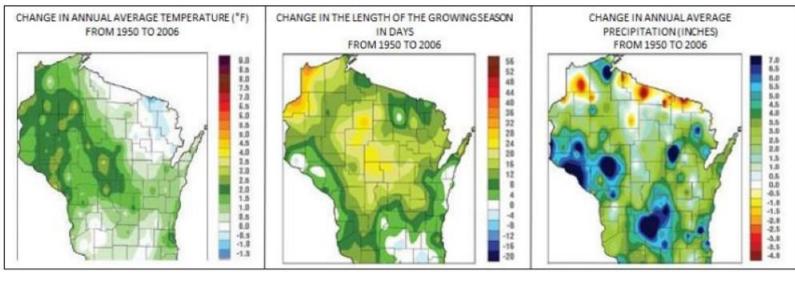
What causes harmful blooms?

- Excess nutrients (P & N) fertilize growth
- Warm water and calm weather





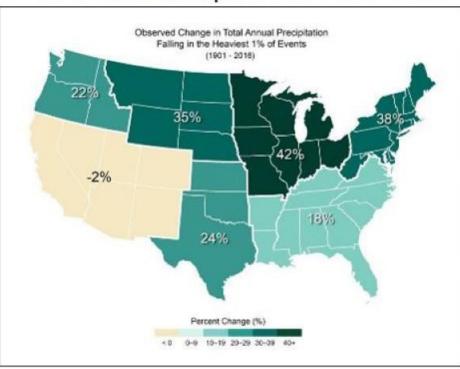
Are blooms more frequent?



- Yes worldwide evidence
- Warmer water temperatures
- Longer ice-free growing season
- Heavy rains & snowmelt: extra nutrients

Wisconsin Initiative on Climate Change Impacts 2011: Wisconsin's Changing Climate: Impacts and Adaptations

More rain falling in single-day events in 1986-2016 compared to 1901-1985



Midwest: **42**% increase in heaviest single-day events in past 30 years

U.S. Global Change Research Program GlobalChange.gov

Exposure Routes & Toxins

- Ingestion, inhalation, skin exposure
- Liver toxins: microcystin & cylindrospermopsin
- Neurotoxins: anatoxins and saxitoxin
- Dermatotoxins: lipopolysaccharides
- Not all cyanobacteria make toxins, and toxins are not made all the time.



Fish consumption

- Not all of the health risks from cyanotoxins in fish are currently known.
- Toxins may accumulate in organs, so eating only the fillets is recommended.
- Rinse fillets well with clean water before cooking or freezing.
- Fish from waters with recurring blooms may have off-flavors from taste & odor compounds
- Oregon Heath Authority fact sheet: https://tinyurl.com/yywwbvdp



β-N-methylamino-L-alanine (BMAA)

Non-protein amino acid

Hypothesized link to neurodegenerative diseases via chronic exposure.

Other environmental exposures may play a role.

There may be a genetic component to vulnerability - Cox 2009

Not all evidence supports link to neurodegenerative diseases.

Lack of verified testing methods across studies.

Exposure studies with dosing beyond environmentally relevant levels

Reviewed in Chernoff et al. 2017

WHO Recreational Guidelines*

Probability of Adverse Health Effects	Cell Density (cells/ml)	Microcystin-LR (μg/L)	Chlorophyll (µg/L)
Low	< 20,000	< 10	< 10
Moderate	20,000-100,000	10 – 20	10 – 50
High	100,000- 10,000,000	20 – 2,000	50 – 5,000
Very High	> 10,000,000	> 2,000	> 5,000



Graham et al. 2009, based on WHO 2003 Guidelines for Safe Recreational Water Environments



*Based on the risks from PLANKTONIC blooms.

US EPA *Draft* Recreational Guidelines

Draft Recreational Advisory Levels for Cyanotoxins		
Microcystins (MC)	Cylindrospermopsin (CYN)	
8 μg/L	15 μg/L	

Swimming Advisory: not to be exceeded on any day (also dually proposed as Ambient Water Quality Criteria)

- Based on toxins' chronic effects on target organs (liver, kidney), not on acute effects (e.g., allergic reactions, vomiting, diarrhea).
- Take children's smaller size into account.
- Not enough data to determine cell densities or pigment levels (chlorophyll or phycocyanin) correlated with these toxin concentrations.

https://www.epa.gov/wqc/draft-human-health-recreational-ambient-water-quality-criteria-andor-swimming-advisories

You can see the blooms that are of highest concern

Surface scums or opaque "pea soup" water





How to be safe?

- Avoid swimming in and boating through blue-green algal scums and "pea soup" water.
- Can you see your feet in kneedeep water? If not, avoid ingesting any water.
- Choose the clearest water possible for small children and pets.
- Always shower after swimming in a lake, river, or pond.
- Try to avoid swallowing water, no matter how clean it looks (especially after a rainstorm!)

